

Unity Grief Support

Unity offers grief support to any member of the community who has experienced the death of a loved one. Whether through group programs, individual contact, or providing education and resources, Unity is committed to being a resource for bereavement needs in the community.

NAVIGATING THE WATERS OF GRIEF

Adult support groups offered in five-week sessions throughout Unity's service area in Northeast Wisconsin. These groups are facilitated by professional counselors and trained volunteers who understand that some people participate by talking and others by listening. Topics include: understanding the grief process, common reactions to grief, memories and continuing bonds, adjusting to new roles, self-care and finding hope.

GENERATIONS – HOPE FOR GRIEVING FAMILIES

A monthly program designed to support grieving families with children and teens ages 6-18. A complimentary dinner is served each session followed by separate group activities for parents and children.

Information about these programs or other special events and services can be found by visiting the Unity website or calling the Unity office.

www.unityhospice.org

Greater Green Bay 920-338-1111
Marinette Area 715-582-1050
Shawano Area 715-524-3635
Sturgeon Bay Area 920-743-6440
Toll-Free 800-990-9249

**Unity**

LEADERS IN HOSPICE AND PALLIATIVE CARE

A caring not-for-profit partnership of Bellin Health, St. Mary's and St. Vincent Hospitals