



LEADERS IN HOSPICE AND PALLIATIVE CARE
A caring not-for-profit partnership of Bellin Health, St. Mary's and St. Vincent Hospitals

2012 Grief Support Programs

Unity offers a variety of support programs to meet the needs of our patients' families and friends, as well as grieving adults and children in Northeast Wisconsin.

Donations from the community allow us to offer support programs at no charge.

Registration is required by calling 920.338.1111 or 800.990.9249

► ***Navigating the Waters of Grief*** is a five-week support group open to any adult member of the community who has experienced the death of a loved one. Meetings are offered several times a year in various locations and include such topics as common reactions to grief, memories, coping and adjusting to new roles, self-care, traditions and finding hope.

De Pere – Tuesdays

January 24 through February 21	1:30-3:00 pm
March 20 through April 17	6:00-7:30 pm
May 15 through June 12	1:30-3:00 pm
July 10 through August 7	6:00-7:30 pm
September 11 through October 9	6:00-7:30 pm

Coping With Grief During the Holiday Season

November 20 through December 18	
Afternoon Session	1:30-3:00 pm
Evening Session	6:00-7:30 pm

Kewaunee – Wednesdays

March 7 through April 4	1:30-3:00 pm
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Sturgeon Bay – Wednesdays

September 26 through October 24	6:00-7:30 pm
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Gillett – Wednesdays

February 22 through March 21	1:30-3:00 pm
September 26 through October 24	6:00-7:30 pm

Marinette – Tuesdays

March 6 through April 3	1:30-3:00 pm
October 16 through November 13	6:00-7:30 pm

NOTE: Dates and locations are subject to change due to attendance. Additional groups may also be offered throughout the year. Please call the Unity office to inquire about a program in your area.

► ***Generations – Hope for Grieving Families*** is a monthly program designed to support grieving families with children and teens ages 6 -18. Dinner will be served each evening at no charge. Separate groups will then be held concurrently for parents or guardians, teens and children. This program is held on the second Thursday of every month from 5:30 to 7:30 pm in De Pere.

► The ***Women's Luncheon*** is a monthly opportunity for bereaved women to gather for informal conversation and support. This program is held on the third Wednesday of every month from noon to 1:30 pm at a local Green Bay restaurant. Lunch is available for purchase off the menu.

**For more information about these programs or to register, please contact us at:
920.338.1111 or 800.990.9249**

**To view the most current schedule of upcoming grief support programs
please visit the Unity website at: www.unityhospice.org**