

Is it time for Unity?



Reach out to learn more if you or your loved-one is experiencing challenges with:

- Medication Management - taking medications as scheduled/prescribed
- Personal Care & Hygiene - bathing, grooming, a decrease in personal hygiene, or challenges in wearing clean and weather appropriate clothing
- Housekeeping - cluttered and unkempt home including accumulation of garbage, outdated or spoiled food in the refrigerator and dirty laundry/dishes
- Nutrition - shopping for and preparing well-balanced meals to maintain a steady weight
- Behavior/Mental Health - feelings of loneliness, isolation, boredom, anxiety, depression, or issues with confusion/memory
- Mobility - walking with a steady gate, getting up from a seated position or frequent falls
- Medical Condition - a recently diagnosed disease or progressing illness

Why Choose Unity?



From in-home care that supports independence to end-of-life care that prioritizes comfort, Unity offers a variety of services tailored to meet your needs wherever you are in your healthcare journey. We match our full collection of care solutions with your needs, circumstances and wishes in order to create an individualized care plan that's just right for you. As your needs change, Unity remains at your side to seamlessly transition you to the level of care that maximizes your quality of life. Our comprehensive and holistic approach to care eliminates the anxiety and confusion of moving from provider to provider, and most importantly, ensures continuity and stability to you and your family.



920.338.1111 or 800.990.9249
unityhospice.org/care-companions



Care Companions *Senior In-Home Care*



A caring nonprofit partnership of Bellin Health,
HSHS St. Mary's Hospital Medical Center
and HSHS St. Vincent Hospital

There is no place like home. Unity recognizes that most people wish to live independently in their home for as long as possible and offers the Care Companions program as a resource. This program provides a wide range of personalized services to meet your ever-changing needs.

Unity will carefully match you with a vetted, insured, and bonded Care Companions Caregiver with the skillset that matches your individual needs and expectations.

Menu of Services

Whether you reside in your own home or apartment, a family member's home, an assisted living or other residential living environment, Unity Care Companions Caregivers can provide assistance to you in the following areas:



Personal Care

- Bathing tasks, grooming, and hygiene
- Dressing
- Toileting and incontinence care



Housekeeping Tasks

- Dusting, sweeping, vacuuming, mopping, and taking out garbage/recycling
- Washing laundry, ironing, and folding clothes
- Changing linens
- Pet care (litterbox, feeding, brushing, walks)
- Ensure timely disposal of expired foods



Meal Planning

- Creating a grocery list
- Assisting with grocery shopping and pick-up
- Planning and preparing balanced meals



Mobility

- Assisting with walking, sitting, standing, and transferring
- Encourage exercise and range of motion movements



Companionship

- Facilitating engaging activities that promote mental stimulation and encourage physical and emotional wellbeing
- Assisting with letter writing and mail



Transportation

- Running errands
- Transporting to medical appointments
- Getting to social events or gatherings



Specialty Services

- In-Home safety assessment to reduce falls and promote safety
- Individualized cognitive support for those living with Alzheimer's, dementia, or other memory related conditions
- Access to the "Family Room", Unity's secure online communication portal, that allows clients and designated family members to view Caregiver visit records, billing statements, and complete online bill-pay.



Please ask if there are other services we can provide to meet your needs.

